

13th Annual Global Diabetes Convention

2025 - JULY 11, 12 & 13
UDAY SAMUDRA KOVALAM
TRIVANDRUM

JOTHYDEV'S PROFESSIONAL
EDUCATION FORUM



Welcome to **JPEF 2025**

Where Knowledge Meets Innovation!

We are delighted to welcome you to the 13th edition of Jothydev's Professional Education Forum (JPEF) 2025, one of the most anticipated diabetes conferences in the country. This year, our theme "Wait Matters" carries a powerful double meaning-emphasizing not only the consequences of delayed actions in care and decision-making but also the crucial role of weight in diabetes management.

JPEF 2025 promises an intellectually stimulating experience with thought-provoking symposiums, interactive panel discussions, high-energy debates, and an exciting medical quiz to keep you engaged. But what truly sets JPEF apart is our focus on practical learning and innovation-featuring live patient interviews, hands-on CGM and insulin pump sessions, and a Diabetes Technology Expo.

Whether you're a clinician, researcher, educator, or healthcare innovator, JPEF 2025 is your platform to learn, share, and connect with global experts and passionate peers.

Join us in this journey where every session is crafted to inspire better care, challenge old norms, and move toward a healthier future-because indeed, Wait Matters.

6 CREDIT HOURS
APPROVED BY
MEDICAL COUNCIL

13th
Annual Global
Diabetes
Convention

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Annual Global
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JULY 11, 12 & 13
UDAY SAMUDRA, KOVALAM
TRIVANDRUM

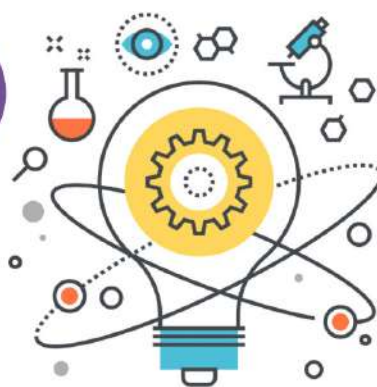
2025

BE PART OF THE DIABETOLOGY REVOLUTION AT THE 13TH JPEF 2025!

Join us for an exclusive preview of cutting-edge breakthroughs that are reshaping diabetes care. Enhance your clinical acumen with sessions curated to elevate your practice.



www.jpef.in



UNVEILING INNOVATIONS THAT MATTER

LIBRE 2 PLUS

REAL-TIME CONTINUOUS GLUCOSE MONITORING

INJ. SEMAGLUTIDE (WEGOVY)

A POWERFUL NEW OPTION FOR OBESITY AND
DIABETES

INCLISIRAN (SYBRAVA)

A BIENNIAL LIPID-LOWERING INJECTION REDEFINING
CARDIOVASCULAR RISK MANAGEMENT



LAUNCH OF LIBRE 2 PLUS

AT JPEF 2025

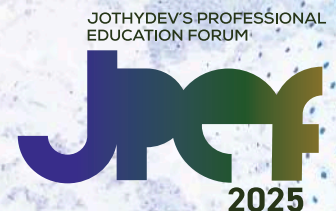
12TH
JULY
2025

05:15 PM
05:45 PM

PERIYAR HALL



13th Annual Global
Diabetes
Convention



PERIYAR HALL

DAY 1 - 11th July 2025, Friday



01:15 PM - 02:00 PM

A Documentary Film

Watch the documentary film, 'THE QUEST', fascinating story behind the discovery of insulin

02:00 PM - 02:40 PM

DREAMS PANEL: What I Wish Doctors Knew: Advice to the Medical World from T1D Pookies

Moderators: Dr.Raveendran A V (Oman), Dr.Banshi Saboo (Ahmedabad), Dr.Jothydev Kesavadev (Trivandrum), Ms.Aishath Shiruhana (Maldives)

Panelists: Ms.Jyotsana Rangeen (New Delhi), Ms.Mehak Dhingra (New Delhi), Ms.Indu Thampi (Trivandrum)

02:40 PM - 03:40 PM

JPEF AIAARO PANEL: Are Doctors Failing People with Obesity?

Moderator: Dr.Purvi Chawla (Mumbai)

02:40 PM - 02:52 PM

KEYNOTE LECTURE

INTRODUCTION:

BMI is Dead: Why Are We Still Using It?

Panelist:

Dr.Mahendra Narwaria (Ahmedabad)

02:52 PM - 03:04 PM

Is Our Clinical Approach To Weight Loss Overlooking The Unique Metabolic Profile Of Indians - Thin-Fat, Sarcopenic, and Centrally Obese?

Panelist:

Ms.Shiny Surendran (Chennai)

03:04 PM - 03:16 PM

Are Community Health Programs Doing Enough to Prevent Obesity in the First Place, or Are We Treating It Too Late?

Panelist:

Dr.Benny P V (Trivandrum)

03:16 PM - 03:40 PM

Panel Discussion

Are We Underutilizing Behavioral Digital Tools For Sustainable Obesity Care In India?

Panelist:

Dr.Jothydev Kesavadev (Trivandrum)

Do Current Training Programs Equip Doctors To Handle Obesity As A Chronic Disease And Not Just A Lifestyle Issue?

Panelist:

Dr.Anita Nambiar (Kochi)

Why Is There Still Hesitation Among Doctors To Initiate Anti-Obesity Medications Early, Despite Available Guidelines?

Panelist:

Dr.Banshi Saboo (Ahmedabad)

Are Global Obesity Guidelines Failing To Translate Into Real-World Impact Across Diverse Populations And Healthcare Systems?

Panelist:

Dr.Polina Popova (Russia)

Do Front-Of-Pack Warning Labels-Like Black Labels On Unhealthy Foods-Really Influence Obesity Outcomes, Or Are They Just A Symbolic Gesture?

Panelist:

Ms.Geethu Sanal (Trivandrum)

03:40 PM - 04:30 PM

Wait, Sleep, Move, Repeat: Unpacking the Lesser-Known Levers in Diabetes

Chairperson: Dr.Roy R Chandran (Calicut)

03:40 PM - 03:55 PM

Soleus Push-up in Diabetes: A Critical Appraisal

Speaker:

Dr.N K Singh (Kolkata)

PERIYAR HALL

DAY 1 - 11th July 2025, Friday



03:55 PM - 04:10 PM Variability in Obesity Phenotypes in India **Speaker:**
Dr.Ranjit Unnikrishnan
(Chennai)

04:10 PM - 04:25 PM The Missing Hours: How Sleep Shapes the Diabetes Equation **Speaker:**
Dr.A Muruganathan
(Tiruppur)

04:25 PM - 04:30 PM Discussion

04:30 PM - 04:55 PM KEYNOTE LECTURE

Chairpersons: Dr.Thankam D (Trivandrum), Dr.Amirth Lal P (Kollam)

04:30 PM - 04:50 PM Salt Sensitivity **Speaker:**
Dr.Shashank R Joshi
(Mumbai)

04:50 PM - 04:55 PM Discussion

04:55 PM - 05:20 PM JPEF ORATION

Chairpersons: Dr.John Panicker (Trivandrum), Dr.Arun Shankar (Trivandrum)

04:55 PM - 05:20 PM Optimizing Early Detection and Management of T2DM Associated CKD **Speaker:**
Dr.Georgi Abraham
(Chennai)

05:20 PM - 05:45 PM KEYNOTE LECTURE

Chairpersons: Dr.Rajapaul (Tamil Nadu), Dr.Yaseen Unes (Haripad)

05:20 PM - 05:40 PM Emerging Treatment Strategies for Diabetic Retinopathy: Use of AI and Fundus Camera **Speaker:**
Dr.Amit Gupta
(Noida)

05:40 PM - 05:45 PM Discussion

05:45 PM - 06:10 PM KEYNOTE LECTURE

Chairpersons: Dr.Rajalekshmi S (Trivandrum), Dr.Shahana Yasmin (Kasargod)

05:45 PM - 06:05 PM Clearing the Air Around Inhaled Insulin **Speaker:**
Dr.A G Unnikrishnan
(Pune)

06:05 PM - 06:10 PM Discussion

06:10 PM - 06:50 PM INCLISIRAN LAUNCH

Panel Discussion: Changing Paradigms in Lipid Lowering

Panelists: Dr.A George Koshy (Trivandrum), Dr.S V Praveen (Trivandrum), Dr.Bhupen Navinchandra Desai (Mumbai)

06:50 PM - 07:15 PM KEYNOTE LECTURE

Chairpersons: Dr.Yaseen Unes (Haripad), Dr.K R Thankappan (Trivandrum)

06:50 PM - 07:10 PM Diabetes Care in Rural India **Speaker:**
Dr.Anuj Maheshwari
(Lucknow)

07:10 PM - 07:15 PM Discussion

PERIYAR HALL

DAY 1 - 11th July 2025, Friday



07:15 PM - 08:00 PM

Chairpersons: Dr.Edwin George (Thrissur), Dr.Arun Shankar (Trivandrum)

07:10 PM - 07:25 PM

Transforming Diabetes Care Landscape with Second Generation Basal Insulin

Speaker:
Dr.Manoj Chawla
(Mumbai)

07:25 PM - 07:40 PM

iGlarLixi - A SOLID Approach for Comprehensive T2DM Management

Speaker:
Dr.Krishna Seshadri
(Chennai)

07:40 PM - 07:55 PM

Optimising Gold Standard Basal Insulin in T2DM Management

Speaker:
Dr.P K Jabbar
(Kottayam)

07:55 PM - 08:00 PM

Discussion

NILA HALL

DAY 1 - 11th July 2025, Friday



02:30 PM - 03:25 PM

WAIT TRAPS AND SMART STARTS

Chairpersons: Dr.Bhavatharini (Erode), Dr.Junaid Naina M (Trivandrum)

02:30 PM - 02:45 PM

Obesity Treatment Failures: A Metabolic Trap Beyond Eyes

Speaker:
Dr.Balakrishnan Valliyot
(Kannur)

02:45 PM - 03:00 PM

Obesity Pharmacotherapy - Current And Future

Speaker:
Dr.Neeta Deshpande
(Belgaum)

03:00 PM - 03:15 PM

Type 1 Diabetes - Sick Day Management

Speaker:
Dr.Riaz I
(Trivandrum)

03:15 PM - 03:25 PM

Discussion

03:25 PM - 03:50 PM

Chairpersons: Dr.Praveen Muralidharan (Trivandrum), Dr. Radhika C R (Trivandrum)

03:25 PM - 03:45 PM

Role of NAC and Taurine in Reducing Microalbuminuria - Latest Evidence Published in Kidney International 2025

Speaker:
Dr.V Ashwin Karuppan
(Chennai)

03:45 PM - 03:50 PM

Discussion

03:50 PM - 04:15 PM

Chairpersons: Dr.Yaseen Unes (Haripad), Dr.Rajalekshmi S (Trivandrum)

03:50 PM - 04:10 PM

Protect Fast.... Protect Early
A Paradigm Shift in Diabetes Management

Speaker:
Dr.Sirshendu Pal
(Siliguri)

04:10 PM - 04:15 PM

Discussion

NILA HALL

DAY 1 - 11th July 2025, Friday



04:15 PM - 04:35 PM

Chairperson: Dr.Asha Ashik (Kochi)

04:15 PM - 04:30 PM Tough Calls in Dual Care: Who Leads - The Diabetologist or The Nephrologist?

Speaker:
Dr.Praveen Muralidharan
(Trivandrum)

04:30 PM - 04:35 PM Discussion

04:35 PM - 05:00 PM

Chairperson: Dr.Suresh Kumar (Calicut)

04:35 PM - 04:55 PM Do Doctors Carry Weight Bias in Diabetes Care?

Speaker:
Dr.Jayant K Panda
(Odisha)

04:55 PM - 05:00 PM Discussion

05:00 PM - 05:25 PM

Chairperson: Dr.Asha Ashik (Trivandrum)

05:00 PM - 05:20 PM T2D+3RF- Identifying & Managing High Risk T2D

Speaker:
Dr.Manoj Chawla
(Mumbai)

05:20 PM - 05:25 PM Discussion

05:25 PM - 06:20 PM LIFESTYLE, LIPIDS, AND LABELS

Chairpersons: Dr.Kannan Natrajan (Chennai), Dr.Thomas Titus (Trivandrum), Dr.Abhijit Bhograj (Bengaluru)

05:25 PM - 05:40 PM Evolutionary Evidence for Healthy Lifestyle

Speaker:
Dr.Sreejith N Kumar
(Trivandrum)

05:40 PM - 05:55 PM I/V Iron Management in Heart Failure

Speaker:
Dr.Anand Pillai
(Trivandrum)

05:55 PM - 06:10 PM Novel Clusters of Diabetes and Treatment Challenges

Speaker:
Dr.Sunil Prasobh P
(Trivandrum)

06:10 PM - 06:20 PM Discussion

06:20 PM - 07:15 PM INTIMACY INTERRUPTED: TACKLING SEXUAL HEALTH IN DIABETES

Chairpersons: Dr.Vasudevan Potty (Trivandrum), Dr.Junaid Naina M (Trivandrum)

06:20 PM - 06:35 PM Not in Her Head! Female Sexual Dysfunction in Diabetes

Speaker:
Dr.A V Raveedran
(Oman)

06:35 PM - 06:50 PM Managing ED Beyond Drugs

Speaker:
Dr.Deepak K Jumani
(Mumbai)

06:50 PM - 07:05 PM Don't Ghost It: Talking About Sexual Distress in Diabetes Consults

Speaker:
Dr.Arun B Nair
(Trivandrum)

07:05 PM - 07:15 PM Discussion

NILA HALL

DAY 1 - 11th July 2025, Friday



07:15 PM - 07:35 PM

Chairperson: Ms.Geethu Sanal (Trivandrum)

07:15 PM - 07:30 PM Diabetes Specific Nutrition - Indian Perspective

Speaker:
Dr.Thushanth Thomas
(Trivandrum)

07:30 PM - 07:35 PM Discussion

07:40 PM - 08:00 PM

Chairperson: Dr.Junaid Naina M (Trivandrum)

07:40 PM - 07:55 PM Eye Spy: Detecting Early Signs of Diabetic Retinopathy

Speaker:
Dr.Devin Prabhakar
(Trivandrum)

07:55 PM - 08:00 PM Discussion

PAMBA HALL

DAY 1 - 11th July 2025, Friday



03:15 PM - 04:30 PM ORAL PRESENTATION

Judges: Dr.A V Raveendran (Oman), Dr.Sunil Prasobh P (Trivandrum), Dr.Arun Shankar (Trivandrum)

03:15 PM - 03:22 PM Smartphone Usage Amongst Patients With Diabetes: A Pilot From Two Urban Centers in Mumbai

Speaker:
Dr.Ritu Johari

03:22 PM - 03:29 PM Insulin IQ: A Cross-Sectional Study Among Nurses in a South Indian Tertiary Hospital

Speaker:
Dr.Aafrin Shabbir

03:30 PM - 03:37 PM Glycemic Control and Disease Management Practices in Indian Type 2 Diabetic Patients (GLIDER 2): A Survey Among Indian Healthcare Professionals

Speaker:
Dr.Pranav Seth

03:37 PM - 03:44 PM Clinical Profile and Outcome of Patients With Diabetic Ketoacidosis Presenting at a Tertiary Care Centre

Speaker:
Dr.Nisarga R

03:44 PM - 03:51 PM Association of Serum Magnesium Levels With Glycemic Status and Complications of Type 2 Diabetes Mellitus

Speaker:
Dr.Abhisehk Raha

03:51 PM - 03:58 PM An Open-Label, Randomized Controlled Trial to Assess the Effectiveness of Twice-Weekly Administration of Pioglitazone

Speaker:
Dr.Deepak Anand R

03:58 PM - 04:05 PM Incidence of Small Intestinal Bacterial Overgrowth (SIBO) in Asymptomatic Diabetes Patients in Kerala

Speaker:
Dr.Neha Davis Pallan

04:05 PM - 04:12 PM Effectiveness of Switching to Insulin Glargine/ Lixisenatide in Uncontrolled Type 2 Diabetes Mellitus Patients: Real-World Evidence (Glargine/Lixisenatide Switch Study)

Speaker:
Dr.V Ashwin Karuppan

PAMBA HALL

DAY 1 - 11th July 2025, Friday



04:12 PM - 04:19 PM	Proportion of Type 2 Diabetes Among Patients With Obstructive Sleep Apnoea and Correlation of Diabetes Control With Severity of Obstructive Sleep Apnoea in a Tertiary Health Care Center	Speaker: Dr.Sukanya Dileep
04:19 PM - 04:26 PM	Oral Semaglutide in Adults with Type 2 Diabetes (T2D) in Routine Clinical Practice - THE PIONEER REAL India Study	Speaker: Dr.A G Unnikrishnan
04:26 PM - 04:33 PM	SALAD Study – South India: Study on Association of Fatty Liver and Diabetes – Exploring Metabolic Markers and Risk Factors	Speaker: Dr.V Ashwin Karuppan

04:45 PM - 05:05 PM

Chairpersons: Dr.Shahana Yasmin (Kasargod), Dr.Junaid Naina M (Trivandrum)

04:45 PM - 05:00 PM	Novel Biomarkers for the Early Diabetes Detection and Risk Stratification	Speaker: Dr.Kannan Natarajan (Chennai)
05:00 PM - 05:05 PM	Discussion	

05:05 PM - 06:00 PM STEP AHEAD: SAVING SOLES WITH TIMELY FOOT CARE IN DIABETES

Chairperson: Dr.Yaseen Unes (Haripad)

05:05 PM - 05:20 PM	Blood Flow Basics: When to Suspect PAD and Refer	Speaker: Dr.Ajay Kumar Yadav (Nepal)
05:20 PM - 05:35 PM	From Callus to Crisis: Why Minor Foot Lesions Deserve Major Attention	Speaker: Dr.Ajaiyakumar S K (Trivandrum)
05:35 PM - 05:50 PM	Multidisciplinary or Missed Opportunity? Rebuilding the Diabetic Limb Salvage Team	Speaker: Dr.Sreekumar R C (Trivandrum)
05:50 PM - 06:00 PM	Discussion	

06:00 PM - 07:00 PM WORKSHOP: MASTERING CGM FOR REAL - TIME DIABETES DECISIONS

Moderators: Dr.Ashwin David Ashok (Trivandrum), Dr.Asha Ashik (Kochi)

06:00 PM - 06:15 PM	CGM 101: Understanding CGM Terminology	Speaker: Dr.Julia Mader (Austria)
06:15 PM - 06:30 PM	Practical Approaches to CGM Data Interpretation: From Raw Data to Real-World Action	Speaker: Dr.Rakesh Parikh (Jaipur)
06:30 PM - 06:45 PM	How CGM Integrates with Automated Insulin Delivery Systems	Speaker: Dr.Debashis Das (Mumbai)
06:45 PM - 07:00 PM	Discussion	

07:00 PM - 07:10 PM LET'S LEARN BODY COMPOSITION ANALYSIS

PERIYAR HALL

DAY 2 - 12th July 2025, Saturday



08:00 AM - 08:30 AM RHYTHM RESET: ZUMBA MOVES - Ms.ISSA JOSHY (Trivandrum)

08:30 AM - 09:00 AM VC MATHEW ROY ORATION

Chairpersons: Dr.Harish Kumar G (Pala), Dr.Ritu Johari (Mumbai)

08:30 AM - 09:00 AM Somogyi Phenomenon: Fact or Fiction

Speaker:
Dr.Pratap Jethwani
(Rajkot)

09:00 AM - 09:30 AM KEYNOTE LECTURE

Chairpersons: Dr.Thomas Titus (Trivandrum), Dr.Elizabeth K E (Trivandrum)

**09:00 AM - 09:20 AM Redefining Cardio - Renal Protection in DKD
Beyond Traditional Therapies - Role of
Finerenone**

Speaker:
Dr.Banshi Saboo
(Ahmedabad)

09:20 AM - 09:30 AM Discussion

09:30 AM - 10:00 AM

Chairpersons: Dr.Balakrishnan Valliyot (Kannur), Dr.Rajapaul (Tamil Nadu)

09:30 AM - 09:50 AM Fasting in Range - Focus on Basal Insulin

Speaker:
Dr.Rakesh Sahay
(Hyderabad)

09:50 AM - 10:00 AM Discussion

10:00 AM - 11:15 AM

Chairpersons: Dr.Ajith Kumar S (Trivandrum), Dr.Lotika Purohit (Mumbai),
Dr.Mahendra Narwaria (Ahmedabad)

10:00 AM - 10:20 AM Why is Obesity a Chronic Disease

Speaker:
Dr.Nanditha Arun
(Chennai)

10:20 AM - 10:40 AM SURMOUNT-ing Obesity with Tirzepatide

Speaker:
Dr.Pramila Kalra
(Bengaluru)

**10:40 AM - 11:00 AM Tirzepatide vs Semaglutide: Evidence from
Head-to-Head Trials**

Speaker:
Dr.Krishna Seshadri
(Chennai)

11:00 AM - 11:15 AM Discussion

11:15 AM - 12:00 PM

Chairpersons: Dr.Asha Ashik (Kochi), Dr.Balagopal P G (Trivandrum)

**11:15 AM - 11:25 AM Making a Good Thing Even Better:
Expanding Access and Applicability of
Automated Insulin Delivery Systems**

**11:25 AM - 11:55 AM Panel Discussion
1. Type 2 Diabetes
2. Pregnancy
3. Type 1 Diabetes at Onset of Diagnosis
4. Pancreatogenic Diabetes
5. Ramadan**

Panelists:
Dr.Jothydev Kesavadev
(Trivandrum)
Dr.Banshi Saboo
(Ahmedabad)
Dr.Julia Mader
(Austria)

11:55 AM - 12:00 PM Concluding Remarks

Speaker:
Prof. Dr.Tadej Battelino
(Slovenia)

PERIYAR HALL

DAY 2 - 12th July 2025, Saturday



12:00 PM - 01:30 PM

WEGOVY LAUNCH AND OBESITY SYMPOSIUM

Chairpersons: Dr.Sunil Prasobh P (Trivandrum), Dr.Chandni R (Calicut), Dr.Arun Shankar (Trivandrum)

12:00 PM - 12:30 PM

Semaglutide 2.4 mg: STEPping into the Realms of High Efficacy OMMs

Speaker:

Dr.Jothydev Kesavadev (Trivandrum)

12:30 PM - 01:00 PM

Acing the MACE Paradigm - SELECTing Semaglutide for CVD in Obesity

Speaker:

Dr.Shashank R Joshi (Mumbai)

01:00 PM - 01:30 PM

KEYNOTE LECTURE

One-STEP Ahead - Unlocking the Full Potential of Semaglutide 2.4 mg

Speaker:

Dr.Hemant Thacker (Mumbai)

Q & A, Panel Discussion

01:30 PM - 02:30 PM

LUNCH BREAK

02:30 PM - 03:00 PM

Chairpersons: Dr.Ajay Kumar Yadav (Nepal), Dr.Ishita Sachdev (Mumbai)

02:30 PM - 02:50 PM

No More Spikes: Mastering Meals for Max Time in Range

Speaker:

Ms.Sheryl Salis (Mumbai)

02:50 PM - 03:00 PM

Discussion

03:00 PM - 04:00 PM

KEYNOTE LECTURE

Chairpersons: Dr.Ashwin David Ashok (Trivandrum), Dr.K Vijayakumar (Kottayam)

03:00 PM - 03:20 PM

Transforming CKM Outcomes with Oral Semaglutide

Speaker:

Dr.J J Mukherjee (Kolkata)

03:20 PM - 03:40 PM

SOUListic Insights: Unravelling the Results of the SOUL Study

Speaker:

Dr.A G Unnikrishnan (Pune)

03:40 PM - 04:00 PM

Panel Discussion

04:00 PM - 05:15 PM

INAUGURATION

05:15 PM - 05:45 PM

LAUNCH OF LIBRE 2 PLUS

05:15 PM - 05:30 PM

iCGM Performance and Accuracy Standards

Speaker:

Dr.Kenneth Lee (Singapore)

05:30 PM - 05:45 PM

INTERNATIONAL EMINENCE LECTURE

A1c Era is Ending Soon! Why, When and How to Integrate CGM/TIR in your Practice?

Speaker:

Prof. Dr.Tadej Battelino (Slovenia)

05:45 PM - 06:45 PM

Chairpersons: Dr.Mohan Varghese (Thiruvalla), Dr.Arun Shankar (Trivandrum)

05:45 PM - 06:35 PM

Unlocking the Power of Innovation with New Generation Insulins: The Need to Advance from Human Insulins

Speakers:

Dr.Nanditha Arun (Chennai)

06:35 PM - 06:45 PM

Q & A

Dr.L Sreenivasa Murthy (Bengaluru)

PERIYAR HALL

DAY 2 - 12th July 2025, Saturday



06:45 PM - 07:00 PM RAPID FIRE

Speakers: Dr.Tadej Battelino (Slovenia), Dr.Jothydev Kesavadev (Trivandrum), Dr.Julia Mader (Austria), Ms.Gopika Krishnan (Trivandrum), Ms.Anjana Basanth (Trivandrum)

07:00 PM - 08:00 PM

Chairpersons: Dr.Suresh Purohit (Mumbai), Dr.Jayakumari C (Trivandrum), Dr.Jayakrishnan B (Tirur)

KEYNOTE LECTURE

07:00 PM - 07:15 PM

Pioglitazone and Combination Strategies in T2DM Patients with MASLD, MUNO and Lean Phenotypes

Speaker:
Dr.Krishna Seshadri
(Chennai)

07:15 PM - 07:30 PM

KEYNOTE LECTURE

Fast-Tracking Heart Failure Care: From Timely Diagnosis to GDMT with SGLT2i and ARNI

Speaker:
Dr.Brij Mohan Makkar
(New Delhi)

07:30 PM - 07:45 PM

Maximizing Efficacy with Modern Sulfonylureas: Plain, Dual, and Triple Therapies with Metformin, SGLT2i, and DPP4i

Speaker:
Dr.Shashank R Joshi
(Mumbai)

07:45 PM - 08:00 PM

Empagliflozin + Linagliptin : FDC That Ticks All The Right Boxes in Metabolic Syndrome

Speaker:
Dr.Suresh Damodharan
(Coimbatore)

08:00 PM - 08:30 PM KEYNOTE LECTURE

Chairpersons: Dr.Balachandran K (Trivandrum)

08:00 PM - 08:20 PM

Prediabetes and Cardiovascular Risk

Speaker:
Dr.Sanjay Agarwal
(Pune)

08:20 PM - 08:30 PM

Discussion

08:30 PM - 09:00 PM GALA DINNER AND ENTERTAINMENT

NILA HALL

DAY 2 - 12th July 2025, Saturday



09:00 AM - 09:25 AM

Chairpersons: Dr.Ishita Sachdev (Mumbai), Dr.Ritu Johari (Mumbai)

09:00 AM - 09:20 AM

Kerala Diabetes Prevention Program

Speaker:
Dr.K R Thankappan
(Trivandrum)

09:20 AM - 09:25 AM

Discussion

09:25 AM - 09:55 AM INSULIN WORKSHOP

Chairpersons: Dr.Bhavatharini (Erode), Dr.Arun Shankar (Trivandrum)

09:25 AM - 09:40 AM

Quest For Improving Post Prandial Glucose Control: Role of URLi

Speaker:
Dr.Shashank R Joshi
(Mumbai)

NILA HALL

DAY 2 - 12th July 2025, Saturday



09:40 AM - 09:55 AM

Tackling Insulin Initiation Hurdles With Premixes (Lispro Premixes)

Speaker:
Dr. Manoj Chawla,
(Mumbai)

09:55 AM - 10:15 AM

Chairpersons: Dr. Anita Nambiar (Kochi), Dr. Syam Sundar O S (Trivandrum)

09:55 AM - 10:10 AM

Closing The Gap: Why CGM Shouldn't Wait in Diabetes Pregnancy

Speaker:
Dr. Purvi Chawla,
(Mumbai)

10:10 AM - 10:15 AM

Discussion

10:15 AM - 10:40 AM

Chairpersons: Dr. Jayalekshmi R Kurup (Kochi), Dr. Amit Gupta (Noida)

10:15 AM - 10:35 AM

Importance of Early Diagnostics of Chronic Kidney Disease via ACR Testing

Speaker:
Dr. Banshi Saboo
(Ahmedabad)

10:35 AM - 10:40 AM

Discussion

10:40 AM - 11:00 AM

Chairpersons: Dr. Balaji Chidambaram (Kumbakonam), Dr. P Suresh Kumar (Calicut)

10:40 AM - 10:55 AM

Recent Advances in Diabetic Kidney Disease

Speaker:
Dr. Manisha Sahay
(Hyderabad)

10:55 AM - 11:00 AM

Discussion

11:00 AM - 11:25 AM

KESAVADEV ORATION

Chairpersons: Dr. V Abdul Jaleel (Perinthalmanna), Dr. Ramesan Pillai (Trivandrum)

11:00 AM - 11:25 AM

Diabetes in Young - A Global Challenge

Speaker:
Dr. Aravinda Jagadeesha
(Bengaluru)

11:25 AM - 11:50 AM

Chairpersons: Dr. Murali Gopal (Kannur), Dr. Anil Vijayakumar (Kollam)

11:25 AM - 11:45 AM

AGIs: Placing Them Right in Current Era

Speaker:
Dr. Shashank R Joshi
(Mumbai)

11:45 AM - 11:50 AM

Discussion

11:50 AM - 12:15 PM

KEYNOTE LECTURE

Chairpersons: Dr. Lotika Purohit (Mumbai), Dr. Jim Ounny John (Kottayam)

11:50 AM - 12:10 PM

Lipohypertrophy: An Important Aspect of Insulin Injection Therapy

Speaker:
Dr. Rakesh Parikh
(Jaipur)

12:10 PM - 12:15 PM

Discussion

NILA HALL

DAY 2 - 12th July 2025, Saturday



12:15 PM - 12:35 PM

Chairpersons: Dr.Edwin George (Thrissur), Dr.Ashwin David Ashok (Trivandrum)

12:15 PM - 12:30 PM	Optimizing Muscle Nutrition: The Dynamic Duo of High Protein Nutrition with Prebiotics and Probiotics	Speaker: Dr.Rakesh Sahay (Hyderabad)
12:30 PM - 12:35 PM	Discussion	

12:35 PM - 01:30 PM PANEL DISCUSSION

Beyond Medication: The Role of Diabetes - Specific Nutrition in Holistic Diabetes Management

Panelists: Dr.A G Unnikrishnan (Pune), Dr.Banshi Saboo (Ahmedabad), Dr.Suresh Damodharan (Coimbatore)

01:30 PM - 02:30 PM LUNCH BREAK

02:30 PM - 02:50 PM

Chairperson: Dr. K P Rajesh (Calicut)

02:30 PM - 02:45 PM	Future of Smart Insulin: Beyond Pumps and Pens	Speaker: Dr.Bharat Saboo (Indore)
02:45 PM - 02:50 PM	Discussion	

02:50 PM - 04:00 PM SYMPOSIUM: TINY PANCREASES, BIG CHALLENGES

Chairpersons: Ms.Aishath Shiruhana (Maldives), Ms.Jyotsana Rangeen (New Delhi), Dr.Shahana Yasmin (Kasargod)

02:50 PM - 03:05 PM	Early Detection, Lifelong Protection: Screening Strategies in Kids	Speaker: Dr.Dhruvi Hasnani (Ahmedabad)
03:05 PM - 03:20 PM	Growing Up with Glucose: Hormones, Puberty, and Glycemic Chaos	Speaker: Dr.Elizabeth K E (Trivandrum)
03:20 PM - 03:35 PM	Screens, Streets & Steps: Shaping Activity Patterns in Kids and Teens	Speaker: Dr.Ranjani Harish (Bengaluru)
03:35 PM - 03:50 PM	The Connected Eco-System: Making Sense of Connected CGM, Apps, and Data Dashboards	Speaker: Dr.Abhijit Bhograj (Bengaluru)
03:50 PM - 04:00 PM	Discussion	

04:00 PM - 05:15 PM INAUGURATION

05:15 PM - 06:05 PM SYMPOSIUM: NO TIME TO WAIT: HOW AI IS SPEEDRUNNING DIABETES CARE

Chairpersons: Dr.Yaseen Unes (Trivandrum), Dr.Vipul Chavda (Ahmedabad)

05:15 PM - 05:30 PM	How to Go For Starting your MedTech Start-up? The Path to Follow	Speaker: Dr.Debashis Das (Mumbai)
05:30 PM - 05:45 PM	Predict, Prevent, Personalize: AI's Role in Risk Stratification and Remote Monitoring	Speaker: Dr.Alok Modi (Mumbai)

NILA HALL

DAY 2 - 12th July 2025, Saturday



05:45 PM - 06:00 PM

Agentic Intelligence in Diabetes Care: Enhancing DSME and CDSS through Generative AI

Speaker:
Dr.Amit Dey
(Kolkata)

06:00 PM - 06:05 PM

Discussion

06:05 PM - 06:30 PM

Chairpersons: Dr.Murali Gopal (Kannur), Dr.Anita Nambiar (Kochi)

06:05 PM - 06:25 PM

Postpartum Pitfalls: The Window of Opportunity We Often Miss

Speaker:
Dr.Sunil Gupta
(Nagpur)

06:25 PM - 06:30 PM

Discussion

06:30 PM - 07:00 PM

Chairpersons: Dr.Asha Ashik (Kochi), Dr.Aswin Mukundan (Calicut)

06:30 PM - 06:55 PM

NAFLD To MASLD in Diabetes: Identifying High-Risk Patients and Therapeutic Advances

Speaker:
Dr.Tittu Oommen
(Trivandrum)

06:55 PM - 07:00 PM

Discussion

07:00 PM - 07:20 PM

Chairpersons: Dr.Rojith Balakrishnan (Calicut), Dr.Ajith Kumar S (Trivandrum)

07:00 PM - 07:15 PM

How to Set up a Diabetes Clinic?

Speaker:
Dr.Vipul Chavda
(Ahmedabad)

07:15 PM - 07:20 PM

Discussion

07:20 PM - 08:00 PM

WOMEN LED WOMEN FOCUSED PANEL : WHY WOMEN DESERVE A DIFFERENT DIABETES LENS?

Moderators: Ms.Jyotsana Rangeen (New Delhi), Dr.Ranjani Harish (Bengaluru)

Panelists: Dr.Dhruvi Hasnani (Ahmedabad), Dr.Veena Nair (Trivandrum), Ms.Sheryl Salis (Mumbai), Dr.Ritu Johari (Mumbai)

08:00 PM - 08:30 PM

THANDAV

PAMBA HALL

DAY 2 - 12th July 2025, Saturday



09:20 AM - 10:00 AM

Chairpersons: Dr.Jaylekshmi R Kurup (Kochi), Dr.Thankam D (Trivandrum)

09:20 AM - 09:35 PM

Minimalistic Diabetes: What to Focus on when Time, Resources and Patience are Limited

Speaker:
Dr.Khizer Hussain Junaidy
(Hyderabad)

09:35 AM - 09:50 PM
(Online)

Extrinsic Factors of Obesity

Speaker:
Dr.Anil Boraskar
(Mumbai)

09:50 AM - 10:00 AM

Q & A

PAMBA HALL

DAY 2 - 12th July 2025, Saturday



10:00 AM - 11:00 AM TALK SHOW

IS WAITING WEIGHING US DOWN? REIMAGINING LIFESTYLE AND MEDICAL LEVERS IN DIABETES CARE

Chairperson: Dr.Priyam Mishra (Hyderabad)

Speakers: Dr.Ashwin David Ashok (Trivandrum), Ms.Geethu Sanal (Trivandrum), Dr.Ishita Sachdev (Mumbai), Dr.Roy R Chandran (Calicut)

11:00 AM - 12:10 PM IJDT SYMPOSIUM

SPOT THE SIGNS: EARLY CLUES YOU SHOULDN'T MISS IN DIABETES

Chairpersons: Dr.Balachandran K (Trivandrum), Dr.Rajalekshmy S (Trivandrum)

11:00 AM - 11:15 AM	Gastrointestinal Involvement of Diabetes vs IBS/IBD; Diagnostic Dilemma	Speaker: Dr.Jayakrishnan B (Tirur)
11:15 AM - 11:30 AM	Choosing the Right Sampling Method in Diabetes Studies	Speaker: Dr.Ashwin Mukundan (Calicut)
11:30 AM - 11:45 AM	Refractory Hypothyroidism: Unraveling the Complexities of Diagnosis and Management	Speaker: Dr.Rajmohan L (Trivandrum)
11:45 AM - 12:00 PM	The Silent Struggle: Unmasking Sleep Apnea in Diabetes	Speaker: Dr.Ameer K A (Trivandrum)
12:00 PM - 12:10 PM	Discussion	

12:10 PM - 01:25 PM

Chairpersons: Dr.Rajapaul(Tamil Nadu), Dr.Harish Kumar G (Pala), Dr.Thankam D (Trivandrum)

12:10 PM - 12:25 PM	Don't Miss the Clues: Diagnosing and Managing Diabetes on Time	Speaker: Dr.Jayakumari C (Trivandrum)
12:25 PM - 12:40 PM	From Molecule to Milestone: Celebrating Nearly 16 years of Gliptins	Speaker: Dr.Balaji Chidambaram (Kumbakonam)
12:55 PM - 01:10 PM	Definition and Criteria of Clinical Obesity: The Lancet Diabetes & Endocrinology Commission	Speaker: Dr.Asha Ashik (Kochi)
01:10 PM - 01:25 PM	Decoding Genomics in Diabetes - From DNA to Clinical Side	Speaker: Dr.Palanikumaran (Madurai)

01:30 PM - 02:30 PM LUNCH BREAK

PAMBA HALL

DAY 2 - 12th July 2025, Saturday



02:30 PM - 03:25 PM

Chairpersons: Dr.Jayalekshmi R Kurup (Kochi), Dr.Suresh Purohit (Mumbai)

02:30 PM - 02:45 PM Rheumatological Manifestations in Diabetes

Speaker:
Dr.Shiji P V
(Calicut)

02:45 PM - 03:00 PM Before It Begins: Primordial Prevention of Diabetes

Speaker:
Dr.Bhavatharni
(Erode)

03:00 PM - 03:15 PM Gestational Diabetes and Future CVD Risk

Speaker:
Dr.Rutul Gokalani
(Ahmedabad)

03:15 PM - 03:25 PM Discussion

03:25 PM - 04:00 PM

Chairpersons: Dr.Sandeep R (Trivandrum), Dr.Ishita Sachdev (Mumbai)

03:25 PM - 03:40 PM Dental Dilemmas: A Sneak Peek into Sleep Dentistry

Speaker:
Dr.Manikandan G R
(Trivandrum)

03:40 PM - 03:55 PM Healthy Gums, Healthy Body: Tackling Periodontitis in Diabetes Care

Speaker:
Dr.Priyam Mishra
(Hyderabad)

03:55 PM - 04:00 PM Discussion

04:00 PM - 05:15 PM INAUGURATION

05:25 PM - 06:30 PM

Chairpersons: Dr.Rajalakshmi S (Trivandrum), Dr.Thankam D (Trivandrum)

05:25 PM - 05:40 PM Utility of Ambulatory Blood Pressure Monitoring in Patients with Diabetes

Speaker:
Dr.Rojith Balakrishnan
(Calicut)

05:40 PM - 05:55 PM Diabetic Gastroenteropathy - A Pan Alimentary Complication

Speaker:
Dr.Prasanth Sankar
(Pathanamthitta)

05:55 PM - 06:10 PM Hypercortisolism in Uncontrolled T2DM. It's Time to Adopt Evidence from CATALYST

Speaker:
Dr.Mohan T Shenoy
(Trivandrum)

06:10 PM - 06:25 PM Remission of Diabetes - Myth or Reality

Speaker:
Dr.K P Rajesh
(Calicut)

06:25 PM - 06:30 PM Discussion

06:30 PM - 07:00 PM HOW FAR IS TOO FAR? THE ETHICS OF DOCTORS ON SOCIAL MEDIA

Moderator: Dr.Jayakrishnan B (Tirur)

Panelists: Dr.Shaji Khan A (Perinthalmanna), Dr.P Suresh Kumar (Calicut), Dr. Benny P V (Trivandrum), Dr.Anil Vijayakumar (Kollam)

PAMBA HALL

DAY 2 - 12th July 2025, Saturday



07:00 PM - 07:20 PM

Chairpersons: Dr.T Prasannakumar (Kochi), Dr.Yaseen Unes (Haripad)

07:00 PM - 07:15 PM	The Unseen Risks of Natural Remedies in Diabetes	Speaker: Dr.Rafiq Mohamed (Kochi)
07:15 PM - 07:20 PM	Discussion	

07:30 PM - 08:30 PM JPEF 2025 POSTER PRESENTATION

Judges: Dr.A V Raveendran (Oman), Dr.Sunil Prasobh P (Trivandrum), Dr.Arun Shankar (Trivandrum)

07:30 PM - 07:34 PM	Prevalence of Helicobacter Pylori Infection in Diabetes Patients in Kerala	Speaker: Dr.Ankitha Sajeev
07:34 PM - 07:38 PM	Gut Signals Beyond Sugar: Serum Butyric Acid as a Novel Biomarker and Unexpected Ally in Glycemic Control and Complications	Speaker: Dr.Aneesh A Mathew
07:38 PM - 07:42 PM	A Cross-Sectional Study on Foot Care Knowledge, Attitude, and Practices Among Patients With Diabetic Foot Infections	Speaker: Dr.Riya S Fathima
07:42 PM - 07:46 PM	BMA-T2D India: Body Mass Analysis of Oral Hypoglycemic Agent Combinations in Indian Patients With Type 2 Diabetes	Speaker: Dr.V Ashwin Karuppan
07:46 PM - 07:50 PM	Evaluating the Effects of Oral Semaglutide on Obesity and Albuminuria in an Indian Population: A Case Series	Speaker: Dr.Royce An Abraham
07:50 PM - 07:54 PM	The CaReMe-MitoX Score: A Novel Biomarker-Guided Framework to Personalize Mitochondrial Resilience Therapy in Type 2 Diabetes Mellitus	Speaker: Dr.Vishal Gala
07:54 PM - 07:58 PM	Imeglimin in Mitochondrial Diabetes: A Mitochondrial Resilience Framework (MRM) for Targeted Therapy	Speaker: Dr.Vishal Gala
07:58 PM - 08:02 PM	Blood Oxygen Saturation in Type 1 Diabetes: Exploring the Link	Speaker: Dr.Mukesh Darshan
08:02 PM - 08:06 PM	Prevalence of Selected Non-Communicable Diseases (Diabetes Mellitus and Hypertension) and Its Associated Factors Among the Adult Tribal Population in Tamil Nadu	Speaker: Dr.S Sivalingam
08:06 PM - 08:10 PM	Tackling Diabetic Foot Crisis and Enhancing Podiatric Awareness	Speaker: Dr.Athira Sisil Kumar
08:10 PM - 08:14 PM	Indian Diabetes Risk Score (IDRS): A Strong Predictor of Diabetes Mellitus – A Cross-Sectional Study Among Urban and Rural Population of Lumding	Speaker: Dr.Abhishek Raha

PAMBA HALL

DAY 2 - 12th July 2025, Saturday



08:14 PM - 08:18 PM	Efficacy of Triple Fixed-Dose Combination of Dapagliflozin, Sitagliptin, and Metformin in Newly Diagnosed Type 2 Diabetes	Speaker: Dr.Abhishek Raha
08:18 PM - 08:22 PM	Diabetic Foot: Same Type of Clinical Presentation With Different Outcomes	Speaker: Dr.Thangavelu Easwaran
08:22 PM - 08:26 PM	Subcutaneous Insulin Resistance in Newly Diagnosed Type 1 Diabetes Mellitus: A Therapeutic Challenge	Speaker: Dr.M Rathija
08:26 PM - 08:30 PM	Case Report: Does Metformin Intolerance Exist - Imeglimin to the Rescue	Speaker: Dr.Ritu Johari
08:30 PM - 08:34 PM	Prevalence and Correlates of Depression, Anxiety, and Stress in Asymptomatic Uncontrolled Type 2 Diabetic Patients	Speaker: Dr.Nova K

PERIYAR HALL

DAY 3 - 13th July 2025, Sunday



09:00 AM - 09:45 AM **WHAT IF? JPEF QUIZ 2025**

09:45 AM - 10:25 AM **PANEL DISCUSSION: SCENE CONTRA: CONTROVERSIES IN DIABETES**

Moderators: Dr.Hari Krishnan R (Trivandrum), Dr.Vijay Chakkaravarthy (Chennai)

09:45 AM - 10:00 AM	Controversies in Diabetes	Panelist: Dr.Rajeev Chawla (New Delhi)
10:00 AM - 10:15 AM	Oral Medications for Pregnancy!	Panelist: Dr.Shalini Jaggi (New Delhi)

10:25 AM - 10:50 AM

Chairperson: Dr.Syam Sundar O S (Trivandrum)

10:25 AM - 10:45 AM	Pancreatic Exocrine Deficiency in Diabetes	Speaker: Dr.Johnny Kannampilly (Kochi)
10:45 AM - 10:50 AM	Discussion	

10:50 AM - 11:15 AM

Chairperson: Dr.Johny Kannampilly (Kochi)

10:50 AM - 11:10 AM	Applicability of Premix Insulin in T2D Management: Case Based Discussion	Speaker: Dr.Jothydev Kesavadev (Trivandrum)
11:10 AM - 11:15 AM	Discussion	

PERIYAR HALL

DAY 3 - 13th July 2025, Sunday



11:15 AM - 11:40 AM

Chairpersons: Dr.Thomas Titus (Trivandrum), Dr.Beena Unnikrishnan (Trivandrum)

11:15 AM - 11:35 AM 5 Questions for Optimum CKD Care in T2DM: Answers from EMPA-KIDNEY

Speaker:
Dr.Mathew John
(Trivandrum)

11:35 AM - 11:40 AM Discussion

11:40 AM - 12:00 PM THE GLOBAL EXPERT SPOTLIGHT

Chairpersons: Dr.Rafiq Mohamed (Kochi), Dr.Hari K (Kochi)

11:40 AM - 11:55 AM The Future of Continuous Glucose Monitoring

Speaker:
Dr.Julia Mader
(Austria)

11:55 AM - 12:00 PM Discussion

12:00 PM - 12:20 PM EXPERT GUEST LECTURE

Chairpersons: Dr.Prasanth Sankar (Trivandrum), Dr.Balachandran K (Trivandrum)

12:00 PM - 12:15 PM The Battle on the Plate: Analyzing Dietary Regimens for Optimal Heart Health

Speaker:
Dr.Polina Popova
(Russia)

12:15 PM - 12:20 PM Discussion

12:20 PM - 12:45 PM

Chairperson: Dr.Arun Shankar (Trivandrum)

12:20 PM - 12:45 PM Simplified Data Assessment for HCPs with BGM - AGP (Ambulatory Glucose Profile)

Speaker:
Dr.Pratibha Karnad
(Mumbai)

12:45 PM - 01:05 PM

Chairpersons: Dr.Mahadevan K (Trivandrum), Dr.Jayakumar C (Trivandrum)

12:45 PM - 01:00 PM The Essential Shots List: What to Recommend, When to Give

Speaker:
Dr.Arun Shankar
(Trivandrum)

01:00 PM - 01:05 PM Discussion

01:05 PM - 01:30 PM WHAT IF? JPEF QUIZ 2025 FINAL

CONCLUDING REMARKS: EVOLUTION OF DOCTOR - Dr.MAHADEVAN K

01:30 PM - 01:45 PM VALEDICTORY FUNCTION

01:45 PM - 02:40 PM LUNCH BREAK

NILA HALL

DAY 3 - 13th July 2025, Sunday



09:00 AM - 09:35 AM

Chairpersons: Dr.Jayakumar C (Trivandrum), Dr.Yaseen Unes (Trivandrum)

09:00 AM - 09:15 AM Sarcopenia, Insulin Sensitivity and Metabolism with Aging

Speaker:
Dr.Vinod Mittal
(New Delhi)

09:15 AM - 09:30 AM **KEYNOTE LECTURE**
Step In Before It's Too Late: Referral Guidelines for Diabetic Foot Complications

Speaker:
Dr.Ajith Kumar S
(Trivandrum)

09:30 AM - 09:35 AM Discussion

09:35 AM - 10:00 AM

Chairpersons: Dr.Jayalekshmi R Kurup (Kochi), Dr.Rajapaul (Tamil Nadu)

09:35 AM - 09:50 AM Place of Sulphonylureas in the Current Era of New OHAs

Speaker:
Dr.M Shunmugavelu
(Trichy)

09:50 AM - 10:00 AM Discussion

10:00 AM - 10:25 AM

Chairperson: Dr.Krishnakumar M (Kochi)

10:00 AM - 10:20 AM The Enduring Value of SUs in T2D Management

Speaker:
Dr.L Sreenivasa Murthy
(Bengaluru)

10:20 AM - 10:25 PM Discussion

10:25 AM - 11:00 AM **SYMPOSIUM: FILTER FIRST: RETHINKING KIDNEY CARE IN DIABETES**

Chairpersons: Dr.Chacko Varghese (Trivandrum), Dr.Arun Shankar (Trivandrum)

10:25 AM - 10:40 AM Bladder Evaluation in Diabetes

Speaker:
Dr.Radhika C R
(Trivandrum)

10:40 AM - 10:55 AM Dialysis or Delay?: Preventing the Final Countdown with Timely Interventions: CASE STUDY

Speaker:
Dr.Beena Unnikrishnan
(Trivandrum)

10:55 AM - 11:00 AM Discussion

11:00 AM - 11:25 AM

Chairpersons: Dr.Aswin Surjit (Kochi), Harish Kumar G (Pala)

11:00 AM - 11:20 AM Breaking New Grounds with Innovative OADs Combination in India

Speaker:
Dr.Vimal M V
(Calicut)

11:20 AM - 11:25 AM Discussion

11:25 AM - 11:50 AM

Chairperson: Dr.Arun Shankar (Trivandrum)

11:25 AM - 11:45 AM Prevention of Shingles in Comorbid Conditions

Speaker:
Dr.Arjun P
(Trivandrum)

11:45 AM - 11:50 AM Q & A

NILA HALL

DAY 3 - 13th July 2025, Sunday



11:50 AM - 12:25 PM

JPEF NUTRITION SYMPOSIUM: DON'T WEIGHT TO EAT RIGHT: NUTRITION IN DIABETES

Chairpersons: Dr.Benny P V (Trivandrum), Ms.Geethu Sanal (Trivandrum)

11:50 AM - 12:05 PM

Tackling Sarcopenia in Diabetes Through Nutrition

Speaker:
Dr.Leena Saju
(Trivandrum)

12:05 PM - 12:20 PM

Gut Microbiome and Its Impact on Glycemic Control

Speaker:
Dr.Jyothi S Krishnan
(Thiruvalla)

12:20 PM - 12:25 PM

Discussion

12:25 PM - 12:40 PM

Chairperson: Dr.Ajith Kumar S (Trivandrum)

12:25 PM - 12:40 PM

Understanding GLP-1 Therapy Non-Responders: Uncovering a Hidden Barrier in Obesity Treatment

Speaker:
Dr.Krishnadev Jothydev
(Trivandrum)

12:40 PM - 01:30 PM

Chairpersons: Dr.Balachandran K (Trivandrum), Dr.Ashwin David Ashok (Trivandrum)

KEYNOTE LECTURE

12:40 PM - 12:55 PM

Laboratory Analysis in the Diagnosis and Management of Diabetes Mellitus

Speaker:
Dr.Anita Nambiar
(Kochi)

12:55 PM - 01:10 PM

Impact of Diabetes on Fertility

Speaker:
Dr.Anupama R
(Trivandrum)

01:10 PM - 01:25 PM

Hyperglycemic Emergencies

Speaker:
Dr.Chandni R
(Trivandrum)

01:25 PM - 01:30 PM

Discussion

01:30 PM - 01:45 PM

VALEDICTORY FUNCTION

01:45 PM - 02:40 PM

LUNCH BREAK

PAMBA HALL

DAY 3 - 13th July 2025, Sunday



09:00 AM - 10:00 AM

JPEF ORAL PRESENTATION

Judges: Dr.Raveendran A V (Oman), Dr. Sunil Prasobh P (Trivandrum), Dr.Arun Shankar (Trivandrum)

09:00 AM - 09:07 AM

Medication Adherence to Anti-Diabetic Drugs Among Outpatients Attending a Tertiary Care Hospital in Kerala

Speaker:
Dr.Ivy Abraham Varghese

PAMBA HALL

DAY 3 - 13th July 2025, Sunday



09:07 AM - 09:14 AM	Assessing Edema Risk Among Indian Adults With Diabetes Mellitus: Insights From a Nationwide Multicenter Screening Study	Speaker: Dr.Febin Francis
09:14 AM - 09:21 AM	Masked Acromegaly: A Case of Diabetes and Hypertension Uncovering a Hidden Pituitary Tumor	Speaker: Dr.Hitesh Saraogi
09:21 AM - 09:28 AM	Masked Acromegaly: A Case of Diabetes and Hypertension Uncovering a Hidden Pituitary Tumor	Speaker: Dr.Devika Devin Prabhakar
09:28 AM - 09:35 AM	Prevalence of Metabolic Dysfunction-Associated Fatty Liver Disease in Patients With Type 2 Diabetes Mellitus	Speaker: Dr.Suraj S
09:35 AM - 09:42 AM	Young-Onset Type 2 Diabetes Mellitus Patients From India: Reflections From the Real World	Speaker: Dr.Amitabh Sur
09:42 AM - 09:49 AM	Correlation of Fasting Plasma Insulin and C-Reactive Protein Levels With Anthropometric Data in Obese Medical School Students	Speaker: Dr.Gayatri S
09:49 AM - 09:56 AM	A Comprehensive Correlation Of Hba1c With Urine Albumin, Urine Creatinine, Urine Acr And Other Bio-markers In Diabetic And Non Diabetic Subjects	Speaker: Dr.Rahul

10:00 AM - 11:00 AM **SYMPOSIUM: EDUCATORS AT THE EDGE: PREVENTING DELAYS, PREVENTING DAMAGE**

Chairpersons: Dr.Bhavatharini (Erode), Ms.Sunitha Jothydev (Trivandrum)

10:00 AM - 10:15 AM	Decode to Empower: Simplifying Science for Every Patient	Speaker: Ms.Mehak Dingra (New Delhi)
10:15 AM - 10:30 AM	Empowering Communities, Diabetes Prevention and Management in Maldives	Speaker: Ms.Aishath Shiruhana (Maldives)
10:30 AM - 10:45 AM	Glucose in Sync: How Educators Interpret, Inspire, and Intervene	Speaker: Dr.Pratibha Karnad (Mumbai)
10:45 AM - 11:00 AM	Discussion	

11:00 AM - 12:10 PM

Chairpersons: Dr.Jim Ounny John (Kottayam), Dr.Junaid Naina M (Trivandrum)

11:00 AM - 11:15 AM	Non Surgical-Non Medical, Pin Hole Management of Thyroid & Prostate Problems: Know Your Interventional Radiologist	Speaker: Dr.Praveen Kesav (Trivandrum)
11:15 AM - 11:30 AM	Case studies in Continuous Glucose Monitoring	Speaker: Dr.Aneesh Ghosh (Trivandrum)
11:30 AM - 11:45 AM	Protein Leak in Urine Associated with Diabetes	Speaker: Dr.Akshay Subramaniam (Trivandrum)
11:45 AM - 12:00 PM (Online)	Update on Osteoporosis Management	Speaker: Dr.Jayaprakash P (Kochi)
12:00 PM - 12:10 PM	Discussion	

PAMBA HALL

DAY 3 - 13th July 2025, Sunday



12:10 PM - 01:00 PM

Chairpersons: Dr.Aswin Surjit (Kochi), Dr.T Prasannakumar (Kochi)

12:10 PM - 10:25 PM

Interpreting CBC Patterns in Diabetes - Infections, Inflammation and Beyond

Speaker:
Dr.Hari Krishnan R
(Trivandrum)

12:25 PM - 12:40 PM

Mission Diabetic Retinopathy: AI Based Retinopathy Screening with 3D Printed Retinal Camera

Speaker:
Dr.Yaseen Unes
(Haripad)

12:40 PM - 12:45 PM

When Infections Hit Harder: Managing Diabetes in the Era of TB, COVID & Beyond

Speaker:
Dr.Arathy Kannan
(Tuticorin)

12:45 PM - 01:00 PM

Discussion

12:10 PM - 01:35 PM

JPEF ORAL PRESENTATION

Judges: Dr.A V Raveendran (Oman), Dr.Sunil Prasobh P (Trivandrum), Dr.Arun Shankar (Trivandrum)

01:00 PM - 01:07 PM

Proportion of Type 2 Diabetes Mellitus Patients at Risk for Obstructive Sleep Apnoea – A Cross-Sectional Study

Speaker:
Dr.Aswath Ramesh V

01:07 PM - 01:14 PM

High Prevalence of Lifetime ASCVD Risk in Community-Dwelling South Indian Youth

Speaker:
Dr. Arjun Menon
Cheruvathur

01:14 PM - 01:21 PM

Pilot Evaluation of Efficacy and Gastrointestinal Tolerability of Metformin HCl Granules for Oral Suspension in Type 2 Diabetes Mellitus: A Single-Centre, Open-Label Study

Speaker:
Dr.Navnit Wadwa

01:21 PM - 01:27 PM

Lipid Accumulation Product Index as a Predictor and Handgrip Strength as an Associated Marker of MASLD in Type 2 Diabetes: A Cross-Sectional Study

Speaker:
Dr.Krishnadev Jothydev

01:27 PM - 01:34 PM

Physicochemical Evaluation and Multimedia Dissolution Profile of Metformin HCl Granules for Oral Solution: A Patient-Centric Alternative to Tablets

Speaker:
Dr.Navnit Wadwa

01:30 PM - 01:45 PM

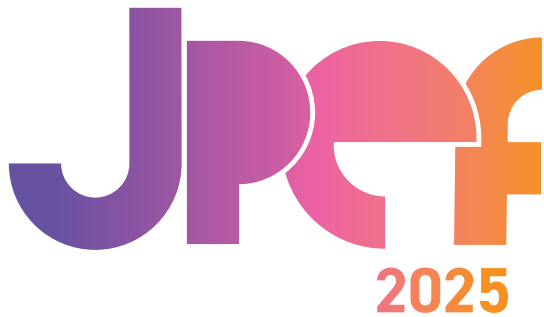
VALEDICTORY FUNCTION

01:45 PM - 02:40 PM

LUNCH BREAK



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